

Rock Spring Farm CSA Information 2010

Product Information

Summer Vegetable Share – The basic CSA share. A mix of the freshest picks of each season harvested at the peak of flavor. A weekly gathering of healthy, clean vegetables and herbs delivered for 17 weeks from June through mid-October. Each box contains 8-14 items and includes a farm report with a list of vegetables, helpful and original recipes and tips on preparation and storage of your produce. June 11 - October 1. \$560

Spring Green Share – Start your vegetable season early with the Spring Green Share, featuring an assortment of greens and other spring treats from our greenhouses and root cellar. 6- 10 items each week, April 30 through May 21. \$190

Autumn Vegetable Share - A bounty of stored crops combined with harvests from the hardiest crops, including our greenhouse-grown salad greens. Includes salad greens, spinach, broccoli, carrots, potatoes, onions, winter squash, and an array of other goodies. An every-other-week selection of 10 – 16 items, about a two-week supply for most families. Delivered Oct. 15 and 29, Nov. 12, Dec. 3 and 17. \$230

Deep Winter Vegetable Share - If you've dreamed of local produce in the depths of winter, this is your year. Using our unheated and minimally-heated greenhouses, combined with our cold storage facilities, Rock Spring Farm is offering a pilot Deep Winter Vegetable Share for January, February, and March. You can expect fresh greens, stored roots, onions, and other store-ables. Delivered every other week, January 7 - March 18. \$270

Four Seasons Vegetable Share – A full season of great vegetables. Includes the Spring Green Share, the Summer Vegetable Share, and a Winter Vegetable Share. \$1140

Summer Fruit Share – An every-other-week delivery of certified organic fruit, sourced from the best fruit growing regions of North America. One to two varieties of peak-of-the-season fruits, from July's blueberries, cherries, and grapes through summer's peaches and nectarines to early October's pears and apples. Delivered every other week, June 25 - Oct. 1. *Available with a Summer Vegetable Share.* \$320

Autumn Fruit Share – An every-other-week delivery of certified organic fruit, sourced from the best fruit growing regions of North America. One to two varieties of peak-of-the-season fruits, starting with pears and apples and ending with outstanding citrus. Delivered with the Autumn Vegetable Shares. *Available with an Autumn Vegetable Share.* \$190

Deep Winter Fruit Share - Many of the best fruits in North America come into their best season during the depths of winter. With certified organic fruit sourced from the best fruit growing regions, our Deep Winter Fruit Share will feature oranges, avocados, mandarins, kiwis, satsumas, grapefruit, and more. Delivered with the Deep Winter Vegetable Shares. *Available with a Deep Winter Vegetable Share.* \$200

Three Seasons Fruit Share – Includes the Summer Fruit Share, the Autumn Fruit Share, and the Deep Winter Fruit Share. *Available with The Works for Vegetables.* \$680

Payment Plans

Pay in full; pay half now and half in July; or split your share into three payments. *The Works* customers can split their share into four payments. The single payment option is the best for us, if it works for you. We take checks, or use your credit card on line. See the order form for more information.

Delivery Locations

Boxes are delivered to the garages or storefronts of cooperating members. Choose a convenient site to pick up your produce on Fridays. Produce is available for pick up during the times listed.

Seward Food Co-op (2823 East Franklin Ave., Minneapolis)	10:00 am – 8:00 pm
Mississippi Market on West 7th (1500 West 7th St., St. Paul)	12:00 pm – 8:00 pm
Cooks on Grand (Cooks of Crocus Hill, 877 Grand Ave., St. Paul)	1:00 pm – 8:00 pm
Mississippi Market on Selby (622 Selby Avenue, St. Paul)	1:00 pm – 8:00 pm
Linden Hills Food Co-op (2813 W. 43rd St.)	2:00 pm – 8:00 pm
Cooks on 50th (Cooks of Crocus Hill, 3925 West 50 th St. at 50 th and France, Edina)	2:00 pm – 8:00 pm
Lakewinds Coop in Chanhassen (435 Pond Promenade, Chanhassen)	2:30 pm – 8:00 pm
724 9th St. SW, Rochester (near the Edison Administration Bldg.)	4:00 pm – 9:00 pm
Oneota Food Coop in Decorah (on Water Street) No fruit delivery at this site.	4:00 pm – 8:00 pm
Rock Spring Farm No fruit delivery at this site.	7:00 am – 9:00 pm

Rock Spring Farm CSA Agreement Form 2010

Household 1

Name
Address
City, State, Zip
Daytime Phone
Evening Phone
Email

Household 2 (Important! Fill out if you split your box.)

Name
Address
City, State, Zip
Daytime Phone
Evening Phone
Email

2010 Shares

		How Many?	Total Amount
Summer Vegetable Share – The basic CSA share, June 11 - October 1.	\$560	_____	_____
Spring Green Share – Lots of green things, April 30 - May 21.	\$190	_____	_____
Autumn Vegetable Share - Oct. 15 and 29, Nov. 12, Dec. 3 and 17	\$230	_____	_____
Deep Winter Vegetable Share - January 7 - March 18	\$270	_____	_____
Four Seasons Vegetable Share – Spring, Summer, Autumn, and Deep Winter	\$1140	_____	_____
Summer Fruit Share – every other week, June 25 - Oct. 1	\$320	_____	_____
<i>Available with a Summer Vegetable Share.</i>			
Autumn Fruit Share – with the Autumn Vegetable Shares. <i>Available with an Autumn Vegetable Share.</i>	\$190	_____	_____
Deep Winter Fruit Share - with the Deep Winter Vegetable Shares. <i>Available with Deep Winter Vegetable Share.</i>	\$200	_____	_____
Three Seasons Fruit Share – Summer, Autumn, Deep Winter Shares. <i>Available with the Works for Vegetables.</i>	\$680	_____	_____
		Total	_____

Choose the Payment Plan and Method that work best for you.

- Single Payment with a Check** Enclose one check with today's date.
- Two Payments** Enclose two checks, one with today's date, one dated for deposit on July 15.
- Three Payments** Enclose three checks, one with today's date, one dated for deposit on July 15, and one dated for deposit September 1.
- Four Payments for The Works members only** Enclose four checks, one with today's date, and the others dated for deposit on July 15, September 1, and November 1

Choose a site to pick up your vegetables and fruit on Fridays.

	Fridays
<input type="checkbox"/> 724 9th St. SW, Rochester (near the Edison Administration Bldg, Rochester)	4:00 pm – 9:00 pm
<input type="checkbox"/> Seward Food Co-op (2823 East Franklin Ave., Minneapolis)	10:00 am – 8:00 pm
<input type="checkbox"/> Mississippi Market on West 7th (1500 West 7th St., St. Paul)	12:00 pm – 8:00 pm
<input type="checkbox"/> Cooks on Grand (Cooks of Crocus Hill, 877 Grand Ave., St. Paul)	1:00 pm – 8:00 pm
<input type="checkbox"/> Mississippi Market on Selby (622 Selby Avenue, St. Paul)	1:00 pm – 8:00 pm
<input type="checkbox"/> Linden Hills Food Co-op (2813 W. 43rd St.)	2:00 pm – 8:00 pm
<input type="checkbox"/> Cooks on 50th (Cooks of Crocus Hill, 3925 West 50 th St. at 50 th and France, Edina)	2:00 pm – 8:00 pm
<input type="checkbox"/> Lakewinds Coop in Chanhassen (435 Pond Promenade, Chanhassen)	2:30 pm – 8:00 pm
<input type="checkbox"/> Decorah Oneota Food Co-op No fruit delivery at this site.	3:00 pm – 6:00 pm
<input type="checkbox"/> Rock Spring Farm No fruit delivery at this site	7:00 am – 9:00 pm

This agreement represents a season-long contract. Rock Spring Farm will transfer your share to an individual of your choice if you must terminate your membership.

I am a new member. I heard about Rock Spring Farm CSA from:

Signature _____

Signature _____

Enclose payment and return to:
Rock Spring Farm, 3765 Highlandville Road, Decorah, IA 52101

For information or additional agreement forms:
csa@rsfarm.com www.rsfarm.com phone 563-735-5613